

# Roxsand

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# **Importance of Attitude in the Workplace**By: Elizabeth McCarty / Aggregate Sales, Sioux Falls, SD

Attitude is a settled way of feeling or thinking in regard to something or someone and is reflected in the behavior of a person. In a workplace setting, a positive attitude is particularly important. The relationships and performance at your workplace are highly influenced by the attitude of your team.

Positive attitudes lead to enhanced relationships among employees and increased productivity with less stress. Having a positive attitude cultivates good rapport with your colleagues and supervisors as well as the customers you serve. Colleagues and customers alike prefer to work with positively motivated people, therefore generating long-lasting working relationships and customer loyalty.



A good attitude in the workplace is instrumental in increased productivity. People with a positive attitude tend to take more interest in their work and as a result end up producing quality work with less flaws. Teamwork also benefits greatly from a positive work environment. Attitude is typically an individual quality, but when positivity and encouragement are shared in the workplace, it boosts moral for all employees. This generates



happier employees who are more motivated, have better job performance, and a higher level of customer service.

At L.G. Everist, Inc. we pride ourselves in creating a positive work environment. This is shown through each employee and the quality products that are produced, tested, and sold each day. A positive attitude helps deliver ROCK SOLID solutions in the workplace.

As we close out 2023 and welcome in this New Year let us be reminded that each day we get a chance to make a difference, so let's make it a positive one!

### Goal Setting for the New Year

With the new year just getting started many of us have set goals for the upcoming year. According to an article from Positive Psychology, setting goals motivates us, can improve mental health, and contributes to personal and professional success. Meeting goals gives us a sense of purpose and helps us feel accomplished. One of the reasons why many people do not meet their goals is because they are unattainable from the start. Here are some ways to set achievable goals as we head into 2024:

#### 1. Connect your goal to a "why."

Having a reason and purpose behind your goal will make it easier to meet and help to minimize distractions when working on your goal.

#### 2. Break your goals down.

Instead of setting one big goal, break it down into smaller goals that can be accomplished every day.

#### 3. Schedule "buffer time" for your goals.

Sometimes we overestimate our capabilities and underestimate the other factors in our lives. By allowing extra time to complete your goals it leaves buffer room when life happens.

#### 4. Focus on continuation, not improvement.

Sometimes by creating consistency and good habits with a goal it can make it feel easier to achieve.

#### 5. Do not dwell on past failures.

Avoid letting fear stop you from pursuing new goals. Celebrate the small wins and remember that small progress is still progress.

Source: Harvard Business Review

### **Anniversaries!**

Richard Essem- January 6 Myrl & Roy Shop

Lance Pollman – January 8 L. G. Everist, Inc.

Mark Redlin – January 9 L. G. Everist, Inc.

## **Happy Birthday!**

**Annette Harder – January 6**Sioux City Unload

Mitchell Klinkenborg – January 8 Dell Rapids West

Robert Hansen – January 8 Railroad Cars

**Andrew Dominguez – January 8** 88th Transload

Staci Salazar – January 8 88th Transload

Clayton Peterson – January 10 D & I Railroad

Samuel Everist – January 11 Dell Rapids East

Jason King – January 11 Firestone

#### See Something, Say Something

By: Candy Klingensmith

How often have you watched someone perform an unsafe act at home or work and not say anything? I am unsure what the answer is for each of us reading this article. But I know it happens all too often, and I wonder why we are afraid to speak up to anyone completing an unsafe act.

I challenge all of you to take time to speak up if you **SEE** a safety hazard or a task being completed unsafely. We must make sure we **SAY** something to the person, performing the unsafe act. Remember how you deliver the message is important. We want the message to be received positively so the person you are speaking with takes time to listen to what you have to say. We are all in it together. Let's watch out for each other.

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